Nursing Assistant / Nurse Aide

Nursing assistants / nurse aides maintain patient hygiene and support doctors and nurses in diagnostic procedures and technical treatments. Some even provide direct patient care in long-term care facilities, hospitals, clinics and in the home.

Additionally, as a nursing assistant / nurse aide, you will assist in patient charting and instruction, documenting any care that is given and reporting significant observations to the nursing staff. You may also help patients with daily activities, serving a vital role in the healthcare team.

With your newly acquired skills, you can diversify into other areas of medicine, such as labor and delivery, pediatrics and geriatrics.
Nursing Assistant / Nurse Aide
Course Outline

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course</th>
<th>Theory</th>
<th>Lab</th>
<th>Extern</th>
<th>Credits</th>
<th>Contact Hours</th>
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<tr>
<td>NA 101</td>
<td>Introduction to Health Care</td>
<td>15</td>
<td>7.5</td>
<td>1.0</td>
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<tr>
<td>NA 102</td>
<td>Nursing Arts I</td>
<td>15</td>
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<tr>
<td>NA 103</td>
<td>Nursing Arts II</td>
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<td>NA 104</td>
<td>Nursing Arts III</td>
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<tr>
<td>NA 105</td>
<td>Externship</td>
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<td><strong>Program Totals</strong></td>
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<td><strong>52.5</strong></td>
<td><strong>37.5</strong></td>
<td><strong>40</strong></td>
<td><strong>4.5</strong></td>
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</table>

**Total Hours:** 130 clock hours

**Day Classes:** 4 weeks theory and lab/4.5 hours per day/1 week externship (40 hours per week)

**Evening Classes:** 5 weeks theory and lab/4.5 hours per day/1 week externship (40 hours per week)

Definition of Credit 1 Credit = 15 Lecture Hours/30 Lab Hours/45 Extern Hour

What You Will Learn

As a student in Pima Medical Institute’s Nursing Assistant / Nurse Aide program, you will be instructed on a broad range of subjects, including infection control, communication and interpersonal skills, safety and emergency procedures, personal care skills, basic restorative services and skills, basic nursing skills, quality improvement and more.

Job Outlook

According to the U.S. Bureau of Labor Statistics, overall employment of nursing assistants and orderlies is projected to grow 11 percent from 2016 to 2026, faster than the average for all occupations. As the baby-boom population ages, nursing assistants and orderlies will be needed to assist and care for elderly patients.*

Employment

Most new job opportunities will be found in nursing and residential care facilities, although some may still find employment in hospitals.

Certification

To become a Certified Nursing Assistant / Nurse Aide (CNA), individuals should contact their state board of nursing to determine the specific requirements needed for certification.