Nursing Assistant / Nurse Aide

Nursing assistants / nurse aides maintain patient hygiene and support doctors and nurses in diagnostic procedures and technical treatments. Some even provide direct patient care in long-term care facilities, hospitals, clinics and in the home.

Additionally, as a nursing assistant / nurse aide, you will assist in patient charting and instruction, documenting any care that is given and reporting significant observations to the nursing staff. You may also help patients with daily activities, serving a vital role in the health care team.

With your newly acquired skills, you can diversify into other areas of medicine, such as labor and delivery, pediatrics and geriatrics.
### Nursing Assistant / Nurse Aide

#### Course Outline

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course</th>
<th>Theory</th>
<th>Lab</th>
<th>Extern</th>
<th>Credits</th>
<th>Contact Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA 101</td>
<td>Introduction to Health Care</td>
<td>15</td>
<td>7.5</td>
<td>1.0</td>
<td>22.5</td>
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<tr>
<td>NA 102</td>
<td>Nursing Arts I</td>
<td>15</td>
<td>7.5</td>
<td>1.0</td>
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<tr>
<td>NA 103</td>
<td>Nursing Arts II</td>
<td>15</td>
<td>7.5</td>
<td>1.0</td>
<td>22.5</td>
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<tr>
<td>NA 104</td>
<td>Nursing Arts III</td>
<td>7.5</td>
<td>15</td>
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<tr>
<td>NA 105</td>
<td>Externship</td>
<td></td>
<td></td>
<td>40</td>
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</table>

**Program Totals**

<table>
<thead>
<tr>
<th>Credit</th>
<th>Theory</th>
<th>Lab</th>
<th>Extern</th>
<th>Contact Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>52.5</td>
<td>37.5</td>
<td>40</td>
<td>4.5</td>
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</tbody>
</table>

**Total Hours:** 130 clock hours

**Day Classes:** 4 weeks theory and lab/4.5 hours per day/1 week externship (40 hours per week)

**Evening Classes:** 5 weeks theory and lab/4.5 hours per day/1 week externship (40 hours per week)

**Definition of Credit**

1 Credit = 15 Lecture Hours/30 Lab Hours/45 Extern Hour

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### What You Will Learn

As a student in Pima Medical Institute’s Nursing Assistant / Nurse Aide program, you will be instructed on a broad range of subjects, including infection control, communication and interpersonal skills, safety and emergency procedures, personal care skills, basic restorative services and skills, basic nursing skills, quality improvement and more.

### Job Outlook

Due to the need for long-term care of an increasingly elderly population, the demand for nursing assistants is on the rise. In fact, according to the U.S. Bureau of Labor Statistics, employment of nursing assistants and nurse aides is expected to grow 17 percent nationally by 2024, much faster than the average for all occupations, due to growing elderly population.*

### Employment

Most new job opportunities will be found in nursing and residential care facilities, although some may still find employment in hospitals.

### Certification

To become a Certified Nursing Assistant / Nurse Aide (CNA), individuals should contact their state board of nursing to determine the specific requirements needed for certification.

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PMI offers FINANCIAL ASSISTANCE to those who qualify. CAREER PLANNING SERVICES and INTERNSHIPS are also provided for eligible students. Check availability on DAY and EVENING classes. Not all programs are offered at all campuses. For consumer information visit pmi.edu/consumerinfo

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**PMI MEDICAL INSTITUTE**

- Hands-on training
- Financial aid if qualified
- Career planning services

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