

# Nursing Assistant/ Nurse Aide



## Campus Information

Location: East Valley Campus

Phone Number: 480-898-9898

Campus Director: Sandy Caldwell

Medical Career Specialists: Robert Carranza & Jennifer Webber Fidalgo

Student Finance Coordinator: Erika McNeil

Student Finance Officers: Rebecca Rhyne

Student Services Advisor: Valeria Arce

Career Services Coordinator: Kirsten Frederick

For program faculty, please refer to the Catalog Addendum.

## Academic Catalog/Catalog Addendum:

Additional information can be found in the Academic Catalog and Catalog Addendum on PMI's website at the following link: <https://pmi.edu/admissions-financial-aid/academic-catalog/>.

## Program Description

A Nursing Assistant/Nurse Aide maintains patient hygiene and supports doctors and nurses in diagnostic procedures and technical treatments. Some even provide direct patient care in long-term care facilities, hospitals, clinics, and in the home. Additionally, a nursing assistant/nurse aide will assist in patient charting and instruction, documenting any care that is given, and reporting significant observations to the nursing staff. They may also help patients with daily activities, serving a vital role in the healthcare team. With their newly acquired skills, they can diversify into other areas of medicine, such as labor and delivery, pediatrics, and geriatrics.

## Delivery Method – On-ground

The Nursing Assistant/Nurse Aide program is an on-ground program, meaning courses take place on campus. On-ground programs/courses will be taught on campus barring any emergencies impacting the regular operations of campus facilities, in which case students may be notified of a change to Hybrid delivery. For attendance requirements, refer to the school Catalog.

## Admission Requirements

Applicants must interview with a career specialist and complete a Wonderlic Scholastic Level Exam (SLE) with a minimum score of 14 to be eligible for acceptance into the program. All candidates enrolling into the program must provide evidence of high school graduation. Reference the school Catalog for additional information.

## Background Check / Criminal Conviction Disclosure

As part of the enrollment process, every prospective student must sign a Criminal Background Disclosure and Advisement form. Any misdemeanor or felony record may prevent students from obtaining nursing assistant certification or a license. Refer to the [Felony Bar](#) written by the AZ BON for specific guidelines regarding felony convictions. The Felony Bar, as outlined by the BON will be discussed on the first day of class, and students will be given the opportunity to ask questions. Any student who has concerns should speak with the medical career specialists. Reference the school Catalog for additional information.

## Academic Calendar

Reference the school Catalog for information on PMI recognized holidays. Below is the schedule for the program. Students are expected to follow the schedule of their clinical externship site; any conflicts should be addressed immediately with the program.

### Class Schedule

Shift	Day of Week	Time
Morning	M-F	8AM-12:15PM
Afternoon	M-F	12:45PM-5PM
Evening	M-Th	5:30PM-9:45PM

## Certification Requirements

Following graduation from the Nursing Assistant program, certification is required to work in the State of Arizona as a Certified Nursing Assistant (CNA). Graduates must pass the Arizona State Nursing Assistant Exam, must complete the application form, and show proof of citizenship/nationality/qualified alien status in order to become a Certified Nursing Assistant (CNA). Please refer to the AZBON website; [www.azbn.gov](http://www.azbn.gov) for more information on the process to obtain CNA registry.

A student will need to present proof of identity at the testing site by providing a current Driver's License or Passport; name must be the student's legal name. **Students should be prepared to take the examination immediately upon graduation. The State Board Exam fee is \$130.**

If a student wishes to be a Licensed Nursing Assistant (LNA) a student must meet the CNA educational and exam requirements, and in addition must complete the application form that can be found on the AZBON website; submit fingerprints and fees to the BON. If the fingerprint check results show a positive criminal history, an investigation will be started by the BON and licensure will not be given until the investigation is done. The student will have the option to complete the fingerprinting application on campus. Please reference section "Cost Estimate for the Nursing Assistant Program" for additional information on licensure costs. All CNAs/ LNAs are required to renew their application to the State Board every two years.

Students must obtain a fingerprint card to be eligible to complete the application for the Arizona State Board of Nursing in order to become a Licensed Nursing Assistant.

A felony record may prevent students from obtaining nursing assistant certification or a license.

Refer to the Felony Bar written by the AZ BON for specific guidelines regarding felony convictions. The Felony Bar, as outlined by the BON will be discussed on the first day of class, and students will be given the opportunity to ask questions.

# Nursing Assistant/ Nurse Aide



As a convenience for our graduates, PMI provides facilities for testing at the East Valley Campus, administered by D&S Technologies. There are a limited number of testing slots available for each scheduled testing day. The student should plan to take the examination on the test date immediately following completion of the program. Delays to the examination can result in lower passing rates and a delay in employment.

## Other State Licensing Information

Meets Licensure Requirements	Does Not Meet Licensure Requirements	Undetermined	Notes
Arizona, Colorado, Florida, Michigan, New Mexico, Texas	Alaska	Alabama, Arkansas, California, Connecticut, Delaware, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New York, North Carolina, North Dakota, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Utah, Vermont, Virginia, Washington, Washington D.C, West Virginia, Wisconsin, Wyoming	<p>*this is a hybrid program available to residents of Arizona, Colorado, New Mexico, and Texas and meets licensure/certification requirements in those states. While there are online components, this program requires on-ground attendance at the campus at which the student is enrolled and cannot be completed solely via distance education.</p> <p>After licensure is obtained in the state (AZ, CO, NM, or TX) transfer of licensure may be available via state reciprocity compacts. Prospective students and current students are strongly encouraged to contact the state professional licensing board or similar regulatory body in the state(s) where they plan to work to determine licensure requirements before enrolling in a program.</p> <p>State professional licensing board contact information can be found <a href="#">HERE</a>.</p>

## Cost Estimate for the Nurse Assisting Program (Details provided below)

### Covered by Tuition\*

Registration Fee	\$150
Program Tuition Costs	\$1,305
Textbooks, stethoscope, BP cuff, gait belt	\$163
Uniform, binder, and backpack **	\$70
Technology Fee	\$225
<b>Subtotal</b>	<b><u>\$1,913</u></b>

### Not Covered by Tuition\*

DPS Level 1 Clearance Card (includes fingerprint processing)	\$73.50
Shoes, watch, additional supplies**	\$100
Complio Urine Drug Screen	\$37.50
Medical Requirement x Cost will vary	\$250
My Clinical Exchange Compliance Program	\$20
Certification Exam	\$130
Application to Board for LNA (\$50)/cost for processing fingerprints (\$50)	\$100 (optional)
<b>Subtotal</b>	<b><u>\$711 (with optional fee)</u></b>

**Total Estimate of Cost of Nursing Assistant Program** **\$2, 624.00\***

\*\*Shoes: Clean, non-porous tops, non-skid bottoms, and presentable athletic or equivalent health care profession shoes must be worn. Flip flops, sandals or open toe/heel shoes are not acceptable. Standard School Supplies - pens/pencils, paper, folders, highlighters, etc.

\*\*Uniform: The cost of two (2) pair of scrubs is included with tuition; additional pairs can be purchased at the student's own expense.

## ^Medical Requirement

1. Proof of negative TB test (a 2 Step PPD^^ or 2 PPD test within 12 months), or annual Quantiferon TB-Gold Test or a negative chest x-ray bi-annually if positive TB test (within last 2 years). If the applicant has a history of a positive on the skin test then he/she must provide documentation of a chest x-ray. Proof of negative TB test needs to be within the past 11 months prior to starting clinical.
2. Proof of current Influenza vaccination (Seasonal- typically September to February) or option to wear mask at clinical. Note the option to wear a mask will be at the discretion of the clinical site.
3. ^CPR/BLS. Students will have an opportunity to take a CPR course through the Institution. If this option is taken, this course must be completed prior to clinical externship. If a student has already received CPR/BLS certification it must be valid through clinical externship. CPR/BLS certification must be through AHA.

***All medical requirements^, DPS Level 1 Clearance Card, and Urine Drug Screen must be completed satisfactorily prior to starting the NA program (any outstanding documents will be collected at Orientation). ^^ Proof of negative first step of PPD to be received prior to start of program, proof of negative second step of PPD must be received prior to clinical.***

## COVID-19 Vaccination

Clinical externship sites may also require students to obtain the COVID-19 vaccination in order to participate in the externship course. Refusals to obtain any vaccination may delay clinical placement, which may impact the student's ability to progress through the program. Students are expected to successfully complete clinical externships in order to be eligible for graduation from the program. Please contact the medical career specialist with any questions.

## Additional Clinical Requirements

1. Students must meet the prescribed requirements of each clinical site attending or potentially attending. These site-specific requirements may include, but are not limited to: criminal background check(s); pre-clinical and/or "for cause" drug, alcohol, marijuana and/or tobacco test screening; regulatory and safety learning modules; and infectious disease test screenings; and additional immunizations (i.e. Tdap). Any or all of these additional-site specific requirements may cause the student to incur additional costs.
2. Clinical providing externship may have a minimum age requirement. There is no guarantee that a student who is under the age of 18 at the time of the start of clinical/extern will be placed.
3. Please note that time spent at the clinical site may fluctuate based on clinical hour requirements (per the AzBON) and the clinical facility; please plan accordingly to ensure all requirements of the program are able to be met.
4. Students must be able to satisfactorily perform state required and common clinical procedural skills to progress in the program (See AZ Lab Skills Reference Sheet; separate attachment).

Inadvertent exposure to pathogens may occur at a clinical site, additional vaccinations may want to be considered by the applicant/student prior to attending clinical.

\*All costs are subject to change and are based on the most recent data available from the respective testing/licensing agencies. There may be additional requirements to practice in certain facilities or other States. It is the responsibility of the applicant/student to investigate these prior to enrollment.

# Nursing Assistant/ Nurse Aide



## AZ Lab Skills Reference Sheet

This document reflects skills that Nursing Assistant/Nurse Aide student will have to successfully demonstrate proficiency in the laboratory/clinical setting. **Note: This list is not exhaustive but is reflective of the skills that students will have to demonstrate competency in. Student must verify proficiency in a skill via checkoff with the instructor in the laboratory setting prior to performing in the clinical setting.**

**Bold items denotes a practical skill that is part of the current state competency evaluation.**

*Lists in each category is not exhaustive but provides examples of skills that would fall into this category. (\*) denotes skills that may require the student to have to walk or stand for a prolonged period of time, and/or turn/lift 50 or more pounds.*

<i>INFECTION CONTROL PROCEDURES</i>
<b>Infection Control and Personal Hygiene- Bedpan and Output with Hand Washing; Donning an Isolation Gown and Gloves, Bedpan and Output with Handwashing.</b>
<i>SKIN CARE</i>
Back Rub, Ulcer prevention, etc.
<i>PERSONAL CARE*</i>
<b>Bed Bath- Whole Face and One arm, Hand and Underarm; Perineal Care of a Male and Changing a Soiled Brief with Hand Washing; Perineal Care of a Female with Hand Washing; shower, shampoo, shaving, etc.</b>
<i>DRESSING*</i>
<b>Dressing a Bedridden resident; Applying an Anti-Embolic Stocking to One Leg; Dresses client with affected (weak) right arm</b>

<i>ORAL HYGIENE</i>
<b>Mouth Care- Brushing Teeth; Mouth Care of Comatose Resident; Denture Care</b>
<i>AMBULATION *</i>
<b>Ambulation with a Walker using a Gait Belt; Ambulates Client w/Gait (Transfer) Belt</b>
<i>TRANSFER TECHNIQUES*</i>
<b>PIVOT transfer a weight bearing, non-ambulatory resident from wheelchair to bed using a gait belt; PIVOT transfer a weight bearing, non-ambulatory resident from bed to wheelchair using a gait belt</b>
<i>POSITIONING and TURNING*</i>
<b>Positions Resident on Side</b>
<i>VITAL SIGNS and BASIC NURSING</i>
<b>Blood pressure; Temperature, Pulse, and Respirations; Pulse Oximetry, and Electronic Blood Pressure</b>
<i>RANGE OF MOTION</i>
<b>Performs range of motion for hip and knee; Performs range of motion for one shoulder</b>
<i>NUTRITION and HYDRATION</i>
<b>Feeding a dependent resident; Abdominal Thrusts (Heimlich); Measures and records intake (food)</b>
<i>TOILETING and ELIMINATION*</i>
<b>Catheter Care and Emptying a Urinary Drainage Bag with Handwashing; Assists Client with use of bedpan;</b>
<b>Provides catheter care for male/female; Empty catheter/colostomy bag</b>

<i>RESTRAINTS and ALTERNATIVES</i>
<i>CARE OF CLIENT UNIT *</i>
<b>Making an occupied bed</b>
<i>RESTORATIVE CARE</i>
Assist Client with orthotic device
<i>COMMUNICATION</i>
Appropriate Verbal/Nonverbal Communication
<i>SAFETY and EMERGENCY</i>
Fire Safety (RACE/PASS)
<i>MENTAL HEALTH and SOCIAL SERVICES</i>
Modifies own behavior in response to Client behavior; Provides emotional support to client and family.

<i>CARE OF THE COGNITIVELY IMPAIRED</i>
<i>ADMISSION, DISCHARGE and POSTMORTEM CARE</i>
<i>OTHER SKILLS</i>
Collect specimens; A.M./P.M care

## Technical Standards

Successful completion of the Nursing Assistant/Nurse Aide program at Pima Medical Institute requires that the graduate demonstrate the knowledge, skills, professionalism, work ethic, and other applicable skills and behaviors necessary to safely and competently deliver patient care. Accordingly, applicants and matriculating students must be aware that certain technical standards are required to fulfill the job duties of a nursing assistant/nurse aide.

### Essential Skills for the Nursing Assistant/Nurse Aide<sup>1</sup>:

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#### **Communication** (oral and written comprehension, expression, clarity, speech recognition)

- Able to effectively relay information in a written format as well as orally with patients, supervisors, and other peers
- Receive, write, and interpret verbal and written communication
- Communicate, understand, and hear faculty and patients
- Understand faculty, patients, and staff including nonverbal and verbal directions and requests
- Read patient charts and health care team instructions/orders

#### **Observational** (near vision, perception, problem sensitivity)

- Read small print on syringes, vials, dials, gauges, and other similar instruments
- Assess patient condition including but not limited to monitoring patient safety and comfort
- Detect changes in circumstances or events including behaviors
- Observe and assess nonverbal communications

<sup>1</sup> National Center for O\*NET Development. 31-1014.00 - Nursing Assistants. *O\*NET OnLine*. Retrieved April 21, 2020, from <https://www.onetonline.org/link/summary/31-1014.00>

**Intellectual** (reasoning, information ordering, evaluating information, critical thinking)

- Measure, calculate, reason, analyze, and synthesize
- Interpret, problem solve, and demonstrate critical thinking
- Comprehend, focus and process information
- Understanding of laws, regulations, or standards for the profession
- Collect, analyze and recall information and knowledge

**Motor** (static and trunk strength, general physical activities, arm-hand steadiness)

- Ability to exert maximum muscle force to lift, push, pull, or carry objects
- Ability to use abdominal and lower back muscles repeatedly or continuously without being fatigued
- Manipulate knobs, dials, or controls on equipment or instruments
- Ability to lift, bend, stretch, twist, reach, push and pull

**Behavioral and Social Attributes** (maintaining interpersonal relationships, monitoring, coordination)

- Ability to understand shifts in behaviors and adjusting one' actions in relation
- Ability to accept constructive criticism, self-evaluate, and make improvements
- Exhibit social skills necessary to interact effectively and respectfully with patients, families, supervisors, and coworkers
- Accept constructive criticism and appropriately modify behavior.

It is the responsibility of the student to contact the campus compliance coordinator if they require a reasonable accommodation for one or more of the technical standards listed. Each PMI campus offers support services for students with documented physical or psychological disabilities.